

**Abstract of the Disclosure**

A balloon for preparing for and easing human birth, which balloon is located at least partly inside the vagina of the pregnant woman during application, has in the inflated condition an application region (P) between its outer end (A), which is provided with a fitting (1) for a flexible tube, and its vaginal portion with the largest diameter (D); the balloon is conically shaped in its application region (P); the application region (P) is disposed approximately within the middle third of the balloon length between an outer portion (a) and an inner portion (i) of the balloon; the cone angle  $\beta$  in the application region is  $25^\circ$  or smaller.